

HELP WOMEN THRIVE - HOST A SUPPLY DRIVE

By hosting a supply drive, you'll help provide free self-care kits filled with tools that support mental and emotional wellness—giving women space to rest, reflect, and recharge from the comforts of home.

Each box is a gentle reminder to every woman that she is seen, valued, and her well-being matters.

Supplies Needs List:

- Individual face masks
- Travel size lotions
- Single-use bath salts, mini bath bombs or shower steamers
- Mini scented candles
- Individually packaged herbal teas
- Small journals

Contact us at 682-305-1267 or email crystal@sheisgrace.org to schedule a pickup.